

**LAND O LAKES 4 OZ YOGURT
STRAWBERRY**

NUTRITION FACTS

Serving Size: 4 OZ. cup (113 ml)
Servings Per Container 1

Amount Per Serving

Calories 120 **Calories from Fat** 10

% Daily Value*

Total Fat 1g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	

Cholesterol 5mg	2%
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Sodium 75mg	3%
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Total Carbohydrate 23g	8%
Dietary Fiber 0g	0%
Sugars 21g	

Protein 4g	9%
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Vitamin A 0%	Vitamin C 4%
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Calcium 15%	Iron 0%
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INGREDIENTS:

GRADE A PASTURIZED LOWFAT MILK, SUGAR, CORN SYRUP, NONFAT MILK, HIGH FRUCTOSE CORN SYRUP, STRAWBERRIES, WHEY, MODIFIED CORN STARCH, GELATIN, NATURAL FLAVORS, PECTIN, CITRIC ACID, CARMINE (COLOR).

*Percent Daily Values are based on a 2000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.