

## **SB 12 Fact Sheet**

Signed into Law September 15, 2005 - Commences July 1, 2007

### **Definitions:**

**“Elementary School”** – A public school maintaining any grade from kindergarten to grade 6, but no grade higher than grade 6.

**“Middle School”** – Any public school maintaining grades 7 or 8, 7 to 9, inclusive, or 7 to 10 inclusive.

**“High School”** – Any public school maintaining any of grades 10 to 12, inclusive.

**“Full Meal”** – Any combination of food items that meet USDA-approved School Breakfast Program (SBP) or National School Lunch Program (NSLP) meal pattern requirements.

**“Added Sweetener”** – Any additive other than 100% fruit juice that enhances the sweetness of a beverage.

**“Sold”** – the exchange of food for money, coupons or vouchers.

**“Entrée”** – A food that is generally regarded as being the primary food in a meal, and shall include, but not be limited to, sandwiches, burritos, pasta and pizza.

**“Snack”** – A food that is generally regarded as supplementing a meal, including, but not limited to, chips, crackers, onion rings, nachos, French fries, donuts, cookies, pastries, cinnamon rolls, and candy.

### **Elementary Schools:**

**Only full meals and individually sold portions of nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruit, vegetables that have not been deep fried, and legumes.**

**Individually sold dairy items and whole grain food items may be sold to pupils at an elementary school, except food sold as part of a USDA meal program, if it meets all of the following standards:**

- **Not more than 35% of its total calories shall be from fat.**
- **Not more than 10% of its total calories shall be from saturated fat.**
- **Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar.**
- **Not more than 175 calories per individual food item.**

**An elementary school may permit the sale of food items that do not comply with the above regulations as part of a school fundraising event in any of the following circumstances:**

- **The items are sold by pupils of the school and the sale of those items takes place off of and away from school premises.**
- **The items are sold by pupils of the school and the sale of those items takes place at least one-half hour after the end of the school day.**

### **Middle, Junior or High School:**

**Snacks sold to a pupil in middle, junior or high school, except food served as part of the USDA meal program, shall meet all of the following standards:**

- **Not more than 35% of its total calories shall be from fat. Nuts, nut butters, seeds, eggs, cheese packaged for individual sale, fruits, vegetables that have not been deep fried, or legumes, exempt.**
- **Not more than 10% of its total calories shall be from saturated fat. Eggs or cheese packaged for individual sale, exempt.**
- **Not more than 35% of its total weight shall be composed of sugar, including naturally occurring and added sugar. Fruits or vegetables that have not been deep fried, exempt.**
- **Not more than 250 calories per individual food item.**

**Entrée items sold to a pupil in middle, junior or high school, except food served as part of a USDA meal program, shall:**

- **Contain no more than 400 calories per entrée.**
- **Contain no more than 4 grams of fat per 100 calories contained in each entrée, and shall be categorized as entrée items in the SBP or NSLP.**

**A middle, junior or high school may permit the sale of food items that do not comply with the above regulations in any of the following circumstances:**

- **The sale of those items takes place off of and away from school premises.**
- **The sale of those items takes place on school premises at least one-half hour after the end of the school day.**
- **The sale of those items occurs during a school-sponsored pupil activity after the end of the school day.**

**It is the intent of the Legislature that the governing board of a school district annually review its compliance with the nutrition standards described.**